

## **PHYSICAL SIGNS OF OPIATE ABUSE**

Flu-like symptoms including diarrhea, cramping, vomiting  
Itchy skin, picking at skin | Flushed skin | Sweating | Watery eyes  
Runny nose | Dark circles under eyes | Tiny pupils  
Weight loss | Slurred speech | Drowsiness/nodding off

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## **CHANGES IN BEHAVIOR**

Loss of interest in personal appearance and hygiene  
Secretive phone calls or text messages  
Mood swings or depression alternating with euphoria  
Talking loudly or angry outbursts  
Staying up all night or sleeping all day  
Missing valuables and money  
Lack of interest doing favorite activities  
or being around family and friends

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## **OBJECTS THAT MAY BE CLUES**

Cotton balls | Bent spoon | Q-Tip heads | Bottle caps | Syringe  
Tin foil with burn marks | Rolled dollar bills | Cigarette filter  
Little plastic bags | Belt with teeth marks | One edge razor blade

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## **SYMPTOMS OF AN OVERDOSE**

Awake but unable to talk | Body is limp | Face is pale and clammy  
Fingernails and lips turn blue or purplish black  
Breathing is very slow and erratic or has stopped completely  
Choking, snoring or gurgling sounds  
Vomiting | Loss of consciousness | Unresponsive to stimulus