



# TikTok Kindness & Respect Video Challenge

#CourageToCare

#TEAMRIVAL

Norfolk County High Schools that create and submit a video depicting **random acts of kindness** and respect will receive 25 points.

Videos must be completed by May 1, 2021 and shared to the page: [NorfolkCountyCares](#) in order for your school to receive credit for this challenge.

Shared video must include the hashtag of your high school.

## TikTok Directions

1. Open app
2. Click plus sign on bottom center of screen
3. Click: Add Sound
4. Search: What a Wonderful World Louis Armstrong
5. Click: 00:30 option (this will bring you back to your video page)
6. Click: 60 seconds
7. Begin filming!
8. Use hashtags: #CourageToCare #TEAMRIVAL

Check out an example: @safecoalitionma

**Be positive! Be creative! Be kind and respectful!**

**KINDNESS + RESPECT = LEADERSHIP**