



**THIS CHALLENGE BEGINS ON NOVEMBER 1, 2021 & ENDS ON MAY 1, 2022**

## **INSTRUCTIONS BELOW**

### **Shifting Gears: The Blunt Truth about Marijuana and Driving**

AAA Northeast is pleased to offer this program that brings the facts about marijuana impairment and driving performance to teens at or near driving age.

You might have heard that people who recently consumed THC – the chemical in marijuana that gets you high – can drive safely. Or that marijuana is nowhere near as dangerous than alcohol when it comes to driving. Maybe someone you know has even said they drive better while high. They might *feel* more relaxed and less anxious. And that would be safer, right?

At AAA, we've been studying this topic for years and know the latest facts and research. When you're done with this program, you'll know how to answer these questions. You'll also be challenged to re-think your notions about what being a safe driver really means and develop strategies to avoid putting yourself in a dangerous situation.

### **Completing the Shifting Gears Challenge**

- View the following video presentation: [Shifting Gears: The Blunt Truth about Marijuana and Driving](#)
- Complete the following post-video form: [Shifting Gears post-program form](#)
- After completing the form, you will receive your proof of participation via email. Your email address will be kept private and will not be shared or used for any purpose other than confirmation of completion.
- Schools with 100 participants earn 10 points. The school with the most points in each bracket earns 20 points.
- Each student who completes the challenge will earn 1 community service credit.

### **More on Shifting Gears**

This program is highly adapted from the AAA Northeast-developed *Shifting Gears: The Blunt Truth about Marijuana and Driving* program that can be delivered remotely and in-person by trained AAA Northeast educators. The program has been reviewed and endorsed by the Brown University of Public Health and includes lesson plans, an online parent module and complete curriculum resources for teachers. Designed to meet state curriculum guidelines and requirements, the program is offered free to schools in Massachusetts, Rhode Island, Connecticut, New Jersey and New York. For more information, visit [AAA.com/ShiftingGears](http://AAA.com/ShiftingGears)

*AAA Northeast is a not-for-profit auto club with 70 offices in Rhode Island, Massachusetts, Connecticut, New Jersey, New Hampshire and New York, providing more than 6 million local AAA members with travel, insurance, finance, and auto-related services.*

